



❤️ Be Kind – Stop Bullying ❤️ Bí Cineálta – 5 Step Guide



What is Bullying? 🚫

Bullying is when someone keeps hurting, upsetting, or leaving another person out on purpose.
Bullying is NOT a one-time fight or argument – it's when it happens again and again.



Support for Everyone 🤝

Victims, witnesses, and even students who bully will be given support to change and heal.
No one has to face bullying alone!

How to Report Bullying 🗣️📝👁️

Talk to your Tutor, Year Head, Teacher, Principal, or Deputy Principal.
Fill out a confidential Bullying Report Form.
You can also ask staff to just keep an eye on things if you're not ready to take action.
Your Parents will be kept informed and involved.



What Happens Next? 🔍🔒

You may be asked to write down what happened. The Year Head or Senior Management Team (SMT) will investigate.
Teachers will stay alert to make sure bullying stops.
All reports are private and respectful.
Parents/Guardians of everyone involved will be informed.

What Happens if Bullying Does Not Stop? ⚖️🚓

The School's Code of Positive Behaviour will be applied.
In serious cases, outside agencies (like the Gardaí under Coco's Law) may be told.

